

Orienteering at Hamlin Park

Hamlin Permanent Courses						
Course 1		1.3 km		10 m		
						Start:
1	1					NW side of path junction
2	2					Top of knoll
3	3					N end of fence
4	4					S side of path
5	5					N edge of path junction
		260 m				Navigate 260 m to finish
Course 2		3.2 km		45 m		
						Start:
1	6					W side of path and road junction
2	7					SE side of path junction
3	15					Path junction
4	18					Small depression
5	9					E side of path junction
6	10					N side of path junction
7	11					Boulder
8	12					Path junction
9	13					Path junction
10	2					Top of knoll
11	4					S side of path
		100 m				Navigate 100 m to finish
Course 3		4.7 km		80 m		
						Start:
1	6					W side of path and road junction
2	14					NW side of path junction
3	15					Path junction
4	18					Small depression
5	16					Path junction
6	11					Boulder
7	12					Path junction
8	8					Bend in path
9	19					Knoll
10	2					Top of knoll
11	13					Path junction
12	20					Path junction
13	10					N side of path junction
		410 m				Navigate 410 m to finish

Orienteering involves the mind and the body. With the aid of a map and compass, you find your way on foot across the countryside from control to control. Your imagination and skills choose the best route. The course has painted red and white controls on 4x4 wooden posts set in the ground. You visit each control in sequence and copy the letter from the marker on a piece of paper. This verifies your completion of the course.

An orienteering map is a very detailed map. A compass is necessary to orient the map to magnetic north before starting a course and at any time during the course necessary to insure your location. The blue lines drawn vertically across the map indicate magnetic north.

Orienteering courses are usually set in a pleasant forest environment and you set your own pace. You can treat orienteering as a highly competitive race of navigational skill and physical speed or as a hike through the woods with the added fun of finding the red and white controls. Orienteering is usually an individual effort, but it is common to see groups or families hiking around an orienteering course together. Fitness and experiencing the outdoors come naturally with this sport.

Use the map and the chart to the left to find the 19 controls located in the park. You **Start** and **Finish** at the **Triangle /Double Circle**. There are three courses of different lengths. You should go to the numbers in order. Or you can design your own course.

Course lengths are direct from control to control with bends shown. Use of trails will make the course length increase.

Orienteering is a year round sport. Please check Cascade Orienteering Club's website for further information about upcoming orienteering events: www/CascadeOC.org.

These permanent orienteering courses were designed and installed as a Boy Scout Eagle Award Service Project by Colby Cruz, Boy Scout Troop 309, Shoreline, WA.