

# 2015-16 WIOL Registration and Waiver

Complete if you are a student attending school (or home school) and intend to participate in competitive solo orienteering during the Washington Interscholastic Orienteering League (WIOL) season. If you have a team, team members still navigate individually, but individual scores are combined into a team score. **Get both necessary signatures: Participants with incomplete forms will not be allowed to participate.**

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## 1. CONTACT AND ELIGIBILITY INFO: PLEASE PRINT LEGIBLY, OR WE CANNOT CONTACT YOU!!!

First Name \_\_\_\_\_ Last Name \_\_\_\_\_  Male  Female  
Address \_\_\_\_\_ City \_\_\_\_\_ Zip Code \_\_\_\_\_  
Telephone ( \_\_\_\_\_ ) \_\_\_\_\_ Email Address \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Grade \_\_\_\_\_  
School \_\_\_\_\_ Coach (if any) \_\_\_\_\_  
Have you participated in WIOL before?  Yes  No If Yes, when was your last season? \_\_\_\_\_

## 2. PARTICIPATION CATEGORY (Select one after reading Page 2 for category eligibility):

- Elementary School  High School Junior Varsity (JV)  
 Middle School  High School Varsity (see back for eligibility)

## 3. E-PUNCH STATUS. WIOL Meets use electronic punching. You may own or rent as part of the season pass:

- Rental: I agree to use a SPORTIdent electronic punch card (e-punch) provided by Cascade Orienteering Club (COC) for this WIOL season. **If I lose or damage my e-punch, I agree to reimburse COC \$40.00.**  
 Personal: My school or I have a personal e-punch. E-punch # \_\_\_\_\_

## 4. PAYMENT (Select one after reading Page 2). Make check payable to Cascade Orienteering Club. **If postmarked after Saturday, October 17, add \$10 late fee (applies to Season Pass OR Day of Meet).**

- Season Pass: 8 meets for \$50 (or \$40 if using your own e-punch).  
 Day of Meet: (8 meets for \$85). Pay a \$5 one-time registration fee now, then pay as you go, \$10 at each meet you attend.

## 5. AGREEMENT AND WAIVER OF LIABILITY.

Participants in orienteering events should be aware that, as with any sport, participation can be a dangerous activity, involving potential risks of injury or death. I hereby assume all risks associated with my participation in this event. I hereby for myself, my heirs, executors and administrators, waive and release all rights and claims against the Cascade Orienteering Club and its members, Orienteering USA, the U.S. Government, the State of Washington, Washington Cities and Counties, and public and private land owners and lessees and all foregoing subsidiaries, affiliates, assigns, representative, and successors, and any and all other sponsors, persons, and entities associated with this event that may arise from my participation in it. Snohomish County, its officers, elected officials, agents and employees are released from all liability. The above signed, if not already a member of Orienteering USA, is granted a one-time guest membership to Orienteering USA for the date stated. Please note that this membership does not entitle you to the entire list of benefits of an annual member.

I attest and verify that I am physically fit, have sufficiently trained for event competition, and have full knowledge of any risks involved in this event. I have read the above warning, attest that all information above is factual, and certify my compliance with the terms of this waiver and e-punch rental by my signature. **If I am less than 18 years of age, my parent or legal guardian must co-sign.**

Student Signature \_\_\_\_\_ Date \_\_\_\_\_  
Emergency Parent Cell Phone Number \_\_\_\_\_

Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_  
Print Name Signature

## Registration Guidance

[For #2: PARTICIPATION CATEGORY]

Participants in each WIOL meet are spread across seven separate courses, split by grade level, sex, geography, and demonstrated ability. Participants can run up one or more levels, but they can never run down:

- Elementary School (Grades K-6): Boys and girls are on the same course. They can be shadowed by an adult for safety on *this course only*, but cannot be given assistance in this solo navigation activity.
- Middle School (Usually Grades 6-9): Boys and girls run on the same course. Sixth-graders have the option to run Elementary if shadowing is still needed. Ninth graders have the option of running either in Middle School or High School JV. Middle schools also have a team competition. A WIOL middle school team combines the scores of the top three boys and/or girls from each school for each meet.
- High School JV (Usually Grades 9-12): High School JV is where novice high school students and experienced middle school students compete. Boys and girls run on separate courses and boys are also assigned to North or South division. Ninth graders have the option of running either in Middle School or High School JV. There are separate Boys and Girls JV teams, combining the top 3 individual scores from each school for each meet.
- High School Varsity (Usually Grades 9-12): High School Varsity is for experienced high school students and extremely experienced middle school students who can conquer the most technically demanding courses in WIOL. To be eligible for Varsity, a student **must have previous WIOL Varsity experience, a season score of at least 320 in 4 meets on JV last year, or approval from the WIOL Registrar**. Boys and Girls run on the same varsity course but will be separated for individual and team results. Team results combine the top 3 individual scores from each school for each meet. The top five boys and top five girls for the season will also receive a stipend to assist with air travel if they decide to attend the US Interscholastics Championship meet, no matter which level they run at the Interscholastics meet.

**General note #1: Solo running.** Competitive orienteering tests your ability to rely on your own skills. Anyone observed helping with navigation or being helped with navigation will be disqualified for that meet. So it's essential that you are competing at the appropriate level for your skills.

**General note #2: Moving up mid-season.** Individuals in JV who would like to move to Varsity can check with the WIOL Registrar. Also, anyone near the end of the season who has locked up his or her final placement and wants to try a tougher course can move up temporarily for additional experience, before returning to the correct level for the Championship.

[For #4: PAYMENT STATUS]

Participants in WIOL have a choice about how to enter. For most students, a Season Pass makes sense, but Day-of-Meet also has advantages in certain circumstances:

- Season Pass. A \$50 Season Pass effectively combines the convenience of one-time registration with a "bulk discount" on meet fees, saving \$35 across the full 8-meet season. Even if you sign up late and miss the first two meets, a Season Pass will still save you money over day-of-meet. **(If registering after October 17, then add a \$10 late fee)**. After you've paid for the season, you won't need to visit WIOL Registration at each meet.

If you purchase your own e-punch, you can also save another \$10 per WIOL season and save at every off-season meet as well. Ask for details at [kathy@forgrave.net](mailto:kathy@forgrave.net).

- Day-of-Meet. Day-of-meet is the pay-as-you go option. Maybe you're just trying WIOL and want to start with one meet. Or, if you are planning on missing half the season due to schedule conflicts, or want to use the first few WIOL meets to run on the public course with someone else before soloing, then Day-of-Meet might be for you. Cost is a \$5 one-time registration fee paid now, plus \$10 per meet paid from the line at WIOL Registration.

**General note: Administration.** Make sure both the student and parent have signed the form. Students who do not have completed forms will not be allowed to compete. **Also, postmark before October 17 to avoid the \$10 late fee.**

**Mail completed forms with payment to: WIOL C/O Kathy Forgrave, 10925 128<sup>th</sup> Place NE, Kirkland, WA 98033.**