

# Fredericksen Wilderness Park owned by Poulsbo First Lutheran Church

Scale 1:4000  
Contour Interval 3 meters



**Cascade  
Orienteering  
Club**  
[www.CascadeOC.org](http://www.CascadeOC.org)

This permanent course orienteering map shares the park with a disc golf 18 hole course. Some orienteering routes may cross disc golf areas. For your safety from flying discs please be aware of the disc golf players and allow them to play through.



This map is limited to personal, non-commercial use. If you wish to use this map for a group activity or to resell this map for any purpose, please obtain permission from Cascade Orienteering Club, ([info@cascadeoc.org](mailto:info@cascadeoc.org)). Please follow all land use rules and stay out of the private property and other forbidden areas indicated on this map.

## Legend

- |  |                                |  |                                 |
|--|--------------------------------|--|---------------------------------|
|  | paved road, gravel area        |  | buildings                       |
|  | gravel road, large trail       |  | man made object, disc golf tee  |
|  | trail, indistinct trail        |  | disc golf hole                  |
|  | impassable fence               |  | indistinct marsh, stream        |
|  | index contour, contour         |  | distinct tree                   |
|  | knoll, rootstock               |  | open forest, slow running       |
|  | depression, shallow depression |  | difficult/very difficult to run |
|  | earthbank                      |  | Start/Finish                    |
|  | boulder                        |  |                                 |